



WHAT IF YOU HAD NO LIMITATIONS AT ALL?

What is it you would die for; what is it you would live for? What is your core?

Creative Consciousness International (CCI) was founded in 2004 and is currently empowering people in South Africa and the Netherlands with Belgium, Brazil, the UK and Spain in development. With the celebration of CCI's 5th birthday this December, their proven 4-day processes support individuals looking to take a "quantum leap" in awareness and develop the power to create the life they would love to live. Having awareness of how your thinking and feeling is influencing your decisions, gives you the freedom to choose and act differently. In essence, become a creator of your life's vision and gently, over time, live in alignment with that which makes your heart sing.

A Consciousness Coach® develops their Be-ing and Do-ing, through personal insight rather than through second hand knowledge, which is generally soon rejected by the Ego. In this way, coaching becomes a way of living, which inspires others, either through coaching sessions or simply by seeing you living more fully self-expressed and passionate. Consciousness Coaching® assists people in experiencing higher levels of success and is achievement

orientated, with internationally accredited coaching guidelines that can be used in resolving any challenge. Transcending your personal issues, becoming the creator of your life, and therefore having greater future opportunities, is what differentiates Consciousness Coaching® from many other forms of self-development. Often we explore past issues and then try to get an understanding of them. "But can you find the light by analyzing darkness?" asks Marc Steinberg. Consciousness Coaching® does not look to the past, it focuses on the present moment coming from "The future is now", and gives you the opportunity to forgive and create what you want for your life now, today and tomorrow.

The Consciousness Coaching® Master Curriculum is also enjoyed by graduates who simply wish to live more fulfilling lives both personally and professionally, by asking questions rather than looking for answers, by feeling more complete with the past and inspired by what the future holds and seeing the power of your word and your integrity as a roadmap to happiness.

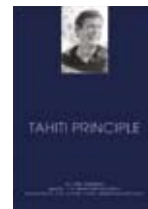
*Be Aware – Choose Consciously
– Create Action – Enjoy Success.*



ABOUT THE CREATOR:

Marc Steinberg, the creator of Consciousness Coaching® has spent his lifetime exploring spiritual philosophy and practicing many forms of transformational processes including yoga, meditation, re-birthing and deep relaxation. He has also studied Ontology and Hermeneutics (the study of interpretation theory). Having spent time in a monastery, Marc created the Master Curriculum of Consciousness Coaching® based on the Benedictine credo that "all external change begins internally in the human being."

Tahiti DVD & Sinclair Book Giveaway



THE TAHITI PRINCIPLE

When you live the Tahiti Principle you flow gracefully and effortlessly by doing what you love – you are "one with the action", not the effort. If you are in your flow, abundance, love, success, achievement and

joy exist effortlessly and naturally. The path to that is one of courage, commitment, service and consciousness development. This is what CCI and Consciousness Coaching® teaches.

SINCLAIR – THE STORY OF TRANSFORMATION

The story of one man's search for enlightenment, *Sinclair* plunges the reader into the battles, disasters and triumphs of a man determined to find his way to inner freedom and outer wealth. Ranging through the financial hubs of commerce to the ashrams of India and the solitude of the Himalayas, *Sinclair* strikes with a resounding chord of hope, encouragement and direction.



TO ENTER: To be one of seven lucky readers to receive both the Tahiti DVD and Sinclair book, email your name and contact details to competitions@completesyoga.co.za with "Tahiti Giveaway" in the subject line. Entries close 26 February 2010.



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